



CODE OF COOPERATION

Your health is our top priority and in accordance with governmental orders and guidelines, we are pleased to announce a carefully planned, comprehensive approach to reopening. We will work together, staff with members to cooperatively improve everyone's well-being.

WE ARE:

Preparing for Your Return

In addition to following CDC guidelines, World Gym is taking extra precautions to help our members and staff stay safe and healthy. This includes extensive cleaning protocols and social/physical distancing practices within all areas of the gym.

Taking A Comprehensive Approach

We continue to follow stringent protocols for proper cleaning, disinfection and sanitation, operations and maintenance, as well as adding additional procedures and staff to achieve a new level of cleanliness.

Adding More Deep Cleans

We have expanded the sanitation/disinfection of high-touch surfaces. Hours and schedules have been adjusted to allow for daily and overnight deep cleaning.

Enhancing Our Procedures

EPA-registered disinfectant that kills the COVID-19 virus along with hospital grade ELECTRO-STATIC Sprayers are being used.

Providing Self-Cleaning and Sanitizing Stations

Sanitization Stations have been strategically located with spray and wipes in close proximity to all equipment. Alcohol based hand sanitization units are conveniently located throughout the club. Please use them.

Implementing A Safer Way to Be Together

We are taking careful actions to facilitate social/physical distancing. Look for extra signs to guide you through each space and help us all practice social/physical distancing.

Prioritizing Staff Safety

World Gym is dedicated to the health and safety of our entire community, including our great staff. In addition to adapting the environment in which they work to help ensure adequate spacing, our personnel will be encouraged or required to wear masks and self-temperature checks will be taken at home. Upon arrival to the gym each staff member will be temperature checked by management prior to beginning their shift. This helps us to keep in



line with government orders and guidelines and protect all staff and members. Any staff that does not meet the temperature criteria will be sent home. If any staff member is experiencing any symptoms such as fever, cough or runny nose, they will not be permitted to work that day and will be advised to seek medical attention.

Providing Additional Equipment Spacing

You will likely notice increased spacing between equipment and within workout areas to allow for appropriate social/physical distancing. Various signs will indicate the equipment in use and those pieces that will be rotated into use. Additional signs will instruct you to respect each other's distance and use only certain pieces of equipment.

Modifying Group Fitness Classes & World Gym Athletics

Due to regulations and guidelines provided, we will be limiting attendance to both Group Fitness and World Gym Athletics classes. Group fitness classes may require reservations, and schedules will be adjusted to be consistent with governmental orders and guidelines and to allow for thorough cleaning between classes. We have put a condensed schedule in place that still allows for the most popular styles of classes along with the instructors and coaches you are familiar with. (See schedule) Look for floor indicators in your class, placed 6 feet apart to help practice social/physical distancing. Equipment, when applicable, will be laid out for you at the beginning of class. Classes will be spaced to allow for the sanitizing of the room and equipment. More information on how to make class reservations will be coming soon.

Adjusting Our Kids Club

Initially upon reopening, our Kids Club will remain closed. Once this space is reopened, the schedule will be adjusted to be consistent with governmental orders and guidelines to help our children practice social/physical distancing. A clean, safe environment is always a top priority for our little members. Extra effort will be made to clean, sanitize and disinfect several times throughout the day. Reservations may also be required.

Modifying Locker Rooms

Based on governmental orders and guidelines to reopen, our lockers and showers are to remain closed until further notice. However, use of the toilets and sinks are permitted. Once these initial restrictions are lifted, we will continue to practice social/physical distancing and only certain lockers will be available for use and they will be spaced out accordingly. We will perform frequent sanitization of shared surfaces throughout the day using EPA-registered, virus-killing disinfectants.

Providing a More Personal, Personal Training Experience

Staff will clean and wipe down each piece of equipment before and after each use. To protect members and Trainers, we will practice social/physical distancing of 6 feet during 1:1 sessions, eliminate any physical contact and masks will be encouraged or required to be worn by all Trainers. When available, training may be done outdoors or in other areas in the club to help encourage health and safety.



Proactively Extending Your Membership

We have appreciated your support during these last few months. As such, we have automatically extended your membership for two (2) months at no cost to you. You do not need to do anything to activate this benefit. If you have any questions, need adjustments or financial consideration to continue or to freeze your membership, please contact IngramPark@WorldGym.com for further assistance. (Please note: Our Reception Desk Staff will not be able to assist with related issues)

WE ASK THAT OUR MEMBERS:

Respect Physical/Social Distancing

We know you are excited to see your workout buddies again. However, we ask that everyone avoid any person-to-person contact, including first bumps, shaking hands, high fives and hugs. You can cheer on your fellow athletes and workout buddies from a distance. For the health and safety of all members and staff, please take social/physical distancing seriously and abide by club signage and equipment selections. Where signage is not posted, please adhere to the minimum 6' rule.

Take A Concerned Approach Please utilize the Sanitation Stations that have been provided and strategically placed throughout the facility. Both before and after using a piece of equipment, please take the time to wipe it down thoroughly and dispose of the items properly in the provided trash receptacles. If you are unsure of how to properly use the sanitizing wipes or equipment, please ask a team member for assistance.

Sanitize Often

Upon entering the facility, please sanitize your hands immediately and make good use of our Sanitation Stations throughout the facility during your workouts. Wash your hands with soap and warm water for at least 20 seconds prior to leaving the facility and for good measure sanitize them again as you leave.

Help Us, Help You

If you see something, say something. No, we are not asking that you approach other members and enforce our code, but if you see a piece of equipment or part of the facility that may need some attention, please notify us immediately. The more eyes we have monitoring the facility, the better we can serve you. If for some reason you feel as though there is a safety concern in regard to another member not doing their part, please do not approach them, but instead, notify us so we may address it.

Be Patient with Others

The club should be a safe haven and welcoming environment for all. This includes our hard working and caring staff members. Please understand that with some of these new guidelines you may need to wait a little longer for assistance or will be required to adjust your schedule or workouts. We ask that you treat all other members and our staff with respect



and dignity and appreciate your patience as we navigate this new terrain together. And as always, should you have a suggestion, please let us know.

Self-Regulate Your Health

We are not medical professionals, but are required to follow local, state and federal guidelines for health and safety. Therefore, if you have SYMPTOMS OF ANY KIND: fever of any degree, cough, runny nose, etc. Please do not come to the club. STAY HOME. Seek the help of a medical professional before resuming your workouts here at the gym. If for some reason you do test positive for COVID19 and have visited the gym, please notify us immediately so we can take even further action for the safety of our fitness family.

Limit Use of Kids Club

If you need to utilize the services of our Kids Club, we ask that you understand our need for strict adherence to our NO SICK CHILD policy. Each child may be subject to a Temperature Check, and if we suspect or notice any possible symptoms: cough, fever, runny nose- we will deny entry and ask for your understanding in the matter. Limited reservations may be required so please be understanding and patient with this process. We are highly sensitive to the needs of our young members and appreciate your cooperation.

Member Gloves and Face Coverings

Per the State of Texas, all members are required to wear gloves that fully cover their hands from the wrists to the fingertips at all times while in the facility. Please be sure to wear gloves that are made from a material that can handle the rigors of working out. Please be sure to dispose of your gloves properly when leaving the facility. While not currently mandated by the State of Texas, wearing a cloth face covering while in the gym may help reduce your risk.

Understand Your Responsibility

By returning to the facility, I understand that I must do my part to help keep the facility open, and to keep myself and my fellow members and staff safe and healthy. I agree to abide by the Code of Cooperation and in light of the COVID-19 pandemic, I reaffirm the Waiver which I executed on my original Member Agreement, and voluntarily assume the risk of use of these facilities.

As we navigate through the reopening of our gym, there will likely be some new challenges and adjustments to daily operations.

Amenities and programming will vary with time and be consistent with governmental orders and guidelines. We appreciate your help and understanding as we work through this time together.